

[PDF] Success With Heart Failure (mass Mkt Ed): Help And Hope For Those With Congestive Heart Failure

Marc Silver - pdf download free book

Books Details:

Title: Success with Heart Failure (m

Author: Marc Silver

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Description:

From Library Journal Silver has written a compassionate, positive book for patients with heart failure on the challenges of living a quality lifestyle. He avoids technical jargon in this fairly basic explanation of what heart failure is, what can cause it, the levels of severity, and the importance of the patient's responsibility in maintaining his/her health program. Emphasizing the importance of a good doctor/patient relationship, Silver outlines what the patient can do to control his/her health through attitude, diet, medication, education, and exercise. He also discusses conventional and

experimental therapies and in several chapters addresses specifically families and young heart patients. This is a very encouraging book, giving basic advice and positive motivation. An excellent choice for health collections.

Janet M. Schneider, James A. Haley Veterans Hosp., Tampa, Fla.

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Review "An excellent resource for patients and doctors dealing with heart failure." -- *Bernie Siegel, M.D., Author, Love, Medicine, and Miracles*

"Clearly, practically, and interestingly written; positive and encouraging." -- *The Permanente Journal Winter 2003* --This text refers to an out of print or unavailable edition of this title.

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