

[PDF] Theory And Practice Of Counseling And Psychotherapy

Gerald Corey - pdf download free book



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Description:

Incorporating the thinking, feeling, and behaving dimensions of human experience, the tenth edition of Corey's best-selling book helps students compare and contrast the therapeutic models expressed in counseling theories. Corey introduces students to the major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, postmodern, and integrative approaches) and demonstrates how each theory can be applied to two cases ("Stan" and "Gwen"). With his trademark style, he shows students how to apply theories in

practice, and helps them learn to integrate the theories into an individualized counseling style.

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