

[PDF] The Medieval Kitchen: Recipes From France And Italy

Fran, Odile Redon - pdf download free book

Books Details:

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Author: Fran, Odile Redon

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Description:

From Library Journal An English-language edition of *La Gastronomie au Moyen Age: 160 Recettes de France et d'Italie*, published in Paris in 1993, this volume of medieval recipes adapted for the modern cook is both usable and informative. Redon (Univ. of Paris), Francois Sabban (L'Ecole des Hautes Etudes en Sciences Sociales, Paris), and Silvano Serventi, an independent researcher, have combined their knowledge of languages, food, and history to create this fascinating collection of 153 recipes, ranging from soups and pasta to meats, sauces, and desserts. Each recipe is presented in its original form, in translation, and adapted for modern cooks. A brief passage also explains the significance of the recipe and its relation to other dishes. Although it is not the only title covering medieval cookery (see, e.g., Madeleine Cosman's *Fabulous Feasts: Medieval Cookery and Ceremony*,

LJ 1/15/77), this well-organized and entertaining work is recommended for specialized food or medieval collections in large public and academic libraries. Amary Martin, CAPCON Lib. Network, Washington, DC

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