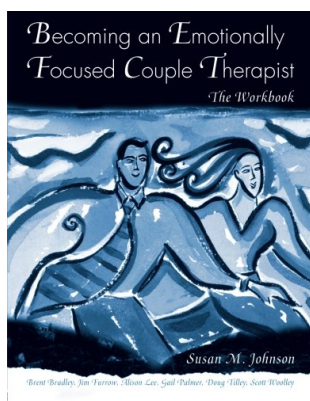


# [PDF] Becoming An Emotionally Focused Couple Therapist: The Workbook

**Susan M. Johnson, Brent Bradley, James L. Furrow, Alison Lee, Gail Palmer, Doug Tilley, Scott Woolley - pdf download free book**

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**Books Details:**

Title: Becoming an Emotionally Focus  
Author: Susan M. Johnson, Brent Brad  
Released: 2005-09-30  
Language:  
Pages: 416  
ISBN: 0415947472  
ISBN13: 9780415947473  
ASIN: 0415947472

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**Description:**

An invaluable tool for clinicians and students, *Becoming an Emotionally Focused Therapist: The*

*Workbook* takes the reader on an adventure - the quest to become a competent, confident, and passionate couple and family therapist. In an accessible resource for training and supervision, seven expert therapists lead the reader through the nine essential steps of EFT with explicit intervention strategies. Suitable as a companion volume to *The Practice of Emotionally Focused Couple Therapy, 2<sup>nd</sup> Ed.* or as a stand-alone learning tool, the workbook provides an easy road-map to mastering the art of EFT with exercises, review sheets and practice models. Unprecedented in its novel and interactive approach, this is a must-have for all therapists searching for lasting and efficient results in couple therapy.

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