

[PDF] 127 Hours: Between A Rock And A Hard Place

Aron Ralston - pdf download free book

Books Details:

Title: 127 Hours: Between a Rock and

Author: Aron Ralston

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Description:

From Publishers Weekly Ralston's story is one of the most gut-wrenching and compelling real-life adventures in recent years: in early 2003, the avid rock-climber and outdoorsman became trapped in a Utah mountain canyon when an 800-pound boulder pinned his right arm. He spent six days there, fighting both the physical challenges of pain and dehydration, and the psychological horror that eroded his hope and energy. Eventually, he amputated his own arm with his pocket knife in order to gain his freedom. It's a truly remarkable story, and hearing Ralston retell it is alternately fascinating and unbearable. After a brief setup that details his life as an adventurer, he arrives at his moment of horror, walking the listener in painstaking detail through everything he felt and thought; his honest and blunt language (" 'What are you doing, Aron? Get that knife away from your wrist!' I feel vaguely ill... my vision blurs in a nauseating swirl"), paired with his direct and non-sensational delivery, wrap

the listener in a mental blanket of claustrophobia. Although squeamish listeners might find this audio presentation too overwhelming, it's a riveting document of one man's extraordinary trial. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to an out of print or unavailable edition of this title.

From School Library Journal Adult/High School - From midday Saturday, April 26, 2003, until midday Thursday, May 1, Ralston was pinned between a boulder and a canyon wall in a remote area of Canyonlands National Park in Utah. He had little food and water. No one would even wonder where he was until he didn't show up for work on Tuesday. Unable to sit, lie down, use his right arm (that was the part between the rock and the wall), or sleep, he knew right away that he was in for an excruciatingly difficult time. Those 120 hours of what he calls "uninterrupted experience" tested to the fullest his physical, mental, emotional, and spiritual being. His eventual rescue led to international headlines, partially due to his dramatic means of escape: he severed his arm with a cheap, dull, dirty knife. This is a searing and amazingly detailed rendition of his ordeal, along with accounts of several of Ralston's previous wilderness adventures. He is one active and tough guy, but readers never get the sense that he is boastful or seeking notoriety. Rather, he seems genuinely intrigued, even mildly befuddled, by his insatiable drive to be active in the wild. One could say he takes too many risks, and that he has a tendency toward carelessness. He himself notes this. But the man's drive and devotion to his calling are nothing but admirable. Sixteen pages of color photographs add considerably to readers' experience of this nuanced, gripping survival story that belongs in most collections. - *Robert Saunderson, Berkeley Public Library, CA*

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